

High Calorie Term Infant Formula from Liquid Concentrate

Each recipe below uses one can of liquid concentrate mixed with the specific amount of water listed.

Recipe (calories/oz)	Brand Powdered Infant Formula	One Can of Liquid Concentrate (mL)	Amount of Water (mL)
24	☐ Enfamil A+	385	250
	☐ Similac Advance Step 1	385	250
	☐ Nestle Good Start Plus 1	240	160

Products are subject to change which may impact the above recipes.

Formula selection should be discussed with health care provider prior to discharge from hospital and prior to any formula change.

For Registered Dietitian referrals see **Nutrition Counselling- Pediatric** on the [Alberta Referral Directory](#)