

## How does Connect Care change my care?

You can expect the same high-quality care, but may notice a few differences, such as seeing your providers using more computers and handheld devices. We're using them to keep track of your care.

Connect Care will put the focus on you by:

- Giving you access to your health information through the MyAHS Connect online tool
- Allowing you to interact with your care team and manage some of your health information
- Improving communication with your healthcare providers
- Providing the whole healthcare team with the best possible information throughout your care journey

To learn more, visit  
**[ahs.ca/connectcare](https://ahs.ca/connectcare)**



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## MyAHS Connect puts your health information into your hands

If you are at least 14 years old\* with valid identification, you can access MyAHS Connect.

To access a MyAHS Connect account:

1. Create an Alberta.ca Account by visiting [myhealth.alberta.ca/myhealthrecords](https://myhealth.alberta.ca/myhealthrecords).
2. Log in to MyHealth Records by going to [myhealth.alberta.ca/myhealthrecords](https://myhealth.alberta.ca/myhealthrecords).
3. Talk to your AHS healthcare team about MyAHS Connect.

MyAHS Connect allows you to:

- Have access to information and add comments or edits in your Connect Care chart.
- Communicate securely with your Connect Care healthcare team.
- Request appointments, view past and upcoming appointments.
- Have video visits with your care team if available at your clinic.
- Provide access to a trusted family member, spouse, caregiver or friend who has their own MyAHS Connect Account.

\* If you are the parent or guardian of a child younger than 12, you can ask your child's AHS physician for access to their MyAHS Connect account. Please note family doctors cannot complete this request.



# Making health information healthier

## Connect Care

To learn more, visit  
**[ahs.ca/connectcare](https://ahs.ca/connectcare)**





## Committed to your privacy

AHS is committed to protecting your privacy and keeping your health information safe — it's the right thing to do, and it's the law.

Everyone using Connect Care is trained to put you first. This includes respecting your privacy by restricting access to your health information to only those providers who need to see it to care for you. Connect Care has tools to track and monitor who is accessing your information to make sure health information policies are being followed.

Connect Care will also reduce the number of computer systems we use, so we can focus our cyber security efforts.

Data security is important. All patient information is stored on AHS-owned secure servers right here in Alberta.



## Available across Alberta Health Services and partners

Connect Care is being introduced in phases across Alberta over several years. It will be available at:

- Alberta Health Services sites, including hospitals and healthcare centres
- Carewest
- CapitalCare
- Covenant Health
- Lamont Health Care Centre
- Alberta Precision Laboratories (APL)
- Many other clinics and practices

## A more complete picture of your health

Connect Care is changing the way Alberta Health Services, its partners and others provide healthcare in Alberta.

It will store all your health information in one place and will go where you go on your care journey. You will spend less time sharing your “history” with different providers, as they will have it available already.

If you are receiving care at a Connect Care site, ask your healthcare team about a new online patient tool called MyAHS Connect. MyAHS Connect will help you become a more active member of your healthcare team, by allowing you to see your health information related to services provided by AHS, and giving you the ability to request access to your children's and other family members' health information from your account.

