

North Zone Addiction and Mental Health Programs and Services Overview

Alberta Health Services and community partners provide a wide variety of addiction and mental health services to residents throughout the North Zone.

It's important to know:

- One in five Canadians will experience an addiction or mental health issue each year. If you are struggling, remember you are not alone, there are supports in place to help you cope.
- You can access addiction and mental health services by connecting with your local AHS community Addiction and Mental Health office, as well as through your family physician or through your Primary Care Network (PCN).
- You can also call Health Link at 811 to have an Information and Referral Specialist help find the service that's right for you. This service is available 24/7 to help.

➤ Addiction and Mental Health Services in Northern Alberta

- Qualified addiction counsellors and mental health therapists provide a range of services including assessments, individual and group counselling, education, and support for individuals and families concerned about use of substances and/or gambling problems and mental health.
- Outpatient psychiatry services are available in several communities throughout the North Zone for both adult and children and youth.
- North Zone Child and Youth Virtual Psychiatry Team supports children, youth and families by providing timely access to psychiatry services through navigation, triage, assessment and referral to and within AMH services.
- Four Opioid Dependency Clinics – Grande Prairie, Fort McMurray, High Prairie, Bonnyville provide both in person & virtual supports to those in the surrounding areas for recovering from opioid dependency. The ODP clinic in Grande Prairie also offers Narcotic Transition Services (NTS). NTS is only available to treat people with severe opioid use disorder who have not been able to stabilize on OAT medications.
- Four Mental Health Travelling Teams that enhance access to services for clients who identify as Indigenous by providing culturally safe/appropriate care within rural and Indigenous communities within the North Zone. The teams are physically located in Fort McMurray, High Prairie, Cold Lake and Lac La Biche and support surrounding communities.
- Specialized teams in various communities' support people across our North Zone that enhance access to supportive services while reducing barriers to care within the community. Specialized teams include: Police and Crisis Team, Crisis Response Team, Diversion Team, Assertive Outreach Team.
- AHS works with community partners to ensure continued co-ordination of supports for children, youth, families and other groups and individuals who work with youth.
- The Addiction Day Treatment Program in Fort McMurray is offered virtually to adult residents of the North Zone who are struggling with substance abuse or gambling and who could benefit from an intensive treatment program designed to support their recovery.
- One medical detox centre in Grande Prairie – Northern Addictions Centre (20 beds) - plus two medical detox beds in Swan Hills and two medical detox beds in Elk Point to support individuals withdrawing from alcohol and other drugs in a safe, controlled setting.
- Two residential treatment centres – Northern Addictions Centre in Grande Prairie (60 beds), Fort McMurray Recovery Centre (16 Beds) support recovery from substance and/or gambling addiction.
- One Protection of Children Abusing Drugs (PChAD) program with two involuntary detox and stabilization beds for youth in a secure facility near Grande Prairie. Two voluntary youth detox and stabilization beds are also available.
- Access Addiction and Mental Health is a virtual intake telephone help line providing non-urgent advice, information and assessments for addiction and mental health concerns, available Monday – Friday at 1- 888-594-0211.
- Three Acute Inpatient Psychiatry units – Grande Prairie Regional Hospital has a 28-bed Inpatient Psychiatry Unit which includes pods for Adult (14 beds), Geriatric (4 beds), Psychiatric Intensive Care (6 beds) and Youth aged 14 – 17yrs (4 beds). Northern Lights Regional Hospital in Fort McMurray (10 beds), St. Therese Healthcare Centre in St. Paul (12 Beds).



North Zone Addiction and Mental Health Services

Contact Us

Call **811** to have an Information & Referral Specialist help find the service that's right for you.
We're available 24/7 to help.

Need someone to talk to? 24/7

Addiction Helpline: Call **1-866-332-2322**. Translation services are available.

Mental Health Helpline: Call **1-877-303-2642**. Translation services are available.

Access Addiction and Mental Health Helpline: Call **1-888-594-0211**

Athabasca AMH

Addictions: 780-675-5841
Mental Health: 780-675-5404

Barrhead AMH

Addictions: 780-674-8239
Mental Health: 780-674-8243

Beaverlodge Mental Health

780-538-5160 (Addiction and Mental Health Grande Prairie)

Bonnyville AMH

Addictions: 780-826-8054
Mental Health: 780-826-2404

Cold Lake AMH

Addictions: 780-594-7556
Mental Health: 780-639-4922

Edson AMH

Addiction: 780-725-6132
Mental Health: 780-725-6110

Fairview Mental Health

780-835-6149

Fort McMurray Acute Inpatient Psychiatry

Crisis Services: 780-791-6091

Fort McMurray Recovery Centre & ODP Clinic

780-793-8300

Fort McMurray Community AMH

780-793-8360

Fort Vermilion AMH

780-841-3229

Fox Creek Mental Health

780-622-5106

Grande Cache AMH

780-827-4998

Grande Prairie Mountain Plains Youth Residential Treatment Program

780-538-5160

Grande Prairie Acute Inpatient Psychiatry

825-412-4280

Grande Prairie Adult AMH Outpatient

Addiction: 780-538-6330
Mental Health: 780-830-2830

Grande Prairie Complex Needs, ICAT, Diversion/CTO

Access: 780-833-4323
ICAT 587-259-5513

High Level AMH

780-841-3229

High Prairie AMH

780-523-6490

Hinton AMH

Addiction: 780-865-8263
Mental Health: 780-865-8247

Jasper AMH

780-852-6616

La Crete AMH

780 841 3229

Lac La Biche AMH

Addiction: 780-623-5227
Mental Health: 780-623-5230

Mayerthorpe Mental Health

780-786-2279

Onoway Mental Health

780-967-9117

Peace River AMH

780-624-6151

Rainbow Lake Addition

780-841-3229

Slave Lake AMH

Addiction: 780-849-7127
Mental Health: 780-805-3502

Spirit River Mental Health

780-538-5160 (Addiction and Mental Health Grande Prairie)

St. Paul AMH

Addiction: 780-645-6346
Mental Health: 780-645-1850

Swan Hills AMH

780-333-4241 (All requests are called through Barrhead MH)

Valleyview Mental Health

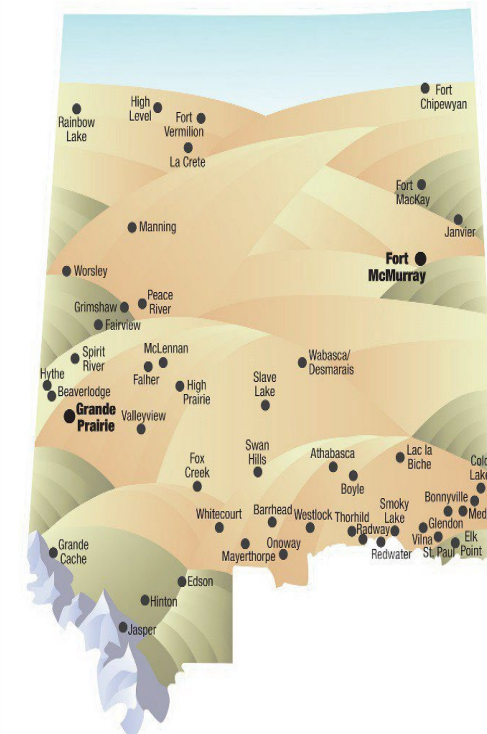
780-524-5096
780-524-3338

Westlock AMH

780-349-5246

Whitecourt AMH

Addiction: 780-778-7123
Mental Health: 780-706-3281



➤ Additional Services

- AHS Addiction and Mental Health works with approximately 33 contracted partners who provide both addiction and mental health supports in North Zone communities.