

Isolation Pocket Reference for ADULTS

WITH KNOWN OR SUSPECTED DISEASE OR INFECTION – May 2025



This list is not inclusive. For more information go to the online IPC Resource Manual <https://www.albertahealthservices.ca/info/Page6854.aspx>

	N95 respirator	Procedure mask and eye protection	Gown	Gloves
AIRBORNE				
Measles	✓		Complete IPC RA for VRI & GI symptoms	
TB (pulmonary or laryngeal)	✓			
AIRBORNE AND CONTACT				
Chickenpox	✓		✓	✓
Shingles (disseminated)	✓		✓	✓
Shingles (localized, immunocompromised host)	✓		✓	✓
DROPLET				
Meningococcus: <i>Neisseria meningitidis</i>		✓		
Mumps		✓		
<i>Mycoplasma pneumoniae</i>		✓		
Pertussis		✓		
Rubella (German Measles)		✓		
CONTACT AND DROPLET				
Adenovirus (respiratory)	N95 during AGMP*	✓	✓	✓
<i>Burkholderia cepacia</i> (respiratory infection)		✓	✓	✓
COVID-19/ SARS CoV2 / Coronavirus	N95 during AGMP*	✓	✓	✓
Croup	N95 during AGMP*	✓	✓	✓
Group A Streptococcus (GAS) Invasive: blood, CSF, respiratory secretions, wound drainage; Necrotizing fasciitis		✓	✓	✓
Influenza A or B	N95 during AGMP*	✓	✓	✓
MRSA pneumonia		✓	✓	✓
Metapneumovirus (Human)	N95 during AGMP*	✓	✓	✓
Parainfluenza	N95 during AGMP*	✓	✓	✓
Rhinovirus	N95 during AGMP*	✓	✓	✓
RSV	N95 during AGMP*	✓	✓	✓
CONTACT				
<i>Acinetobacter</i> spp (MDR ^Δ)			✓	✓
<i>Burkholderia cepacia</i> Non-respiratory infection			HRU*	HRU*
Carbapenem-Resistant <i>Enterobacteriaceae</i> (CRE) <i>E.coli</i> , <i>Klebsiella</i> spp, <i>Serratia</i> spp, <i>Providencia</i> spp, <i>Proteus</i> spp, <i>Citrobacter</i> spp, <i>Enterobacter</i> spp, <i>Morganella</i> spp, <i>Salmonella</i> spp, <i>Hafnia</i> spp (MDR ^Δ)			✓	✓
Hepatitis A and E (if incontinent)			✓	✓
Impetigo, uncontained drainage only			✓	✓
Lice			✓	✓
MRSA			✓	✓
<i>Pseudomonas aeruginosa</i> (MDR ^Δ)			✓	✓
Scabies			✓	✓
Shingles, localized, lesions cannot be covered			✓	✓
<i>Clostridium difficile</i> or Pseudomembranous colitis			✓ Sporicidal	✓ Sporicidal

* Isolate in High Risk Units only (Burn unit, Bone Marrow Transplant/Oncology unit, ICU and CVICU).

Δ Multi-drug resistant (see Comments section under each organism in IPC Diseases & Conditions Table)

*AGMP: Aerosol generating medical procedure (see Assessing the Need for Additional Precautions) Respiratory (LI) Algorithm

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WITH THE FOLLOWING SYMPTOMS				
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	N95 respirator	Procedure mask and eye protection	Gown	Gloves
AIRBORNE				
Cough (2-3 weeks), weight loss, night sweats and abnormal CXR in persons with risk factors for pulmonary TB (HIV with low CD4 counts, Aboriginal, foreign born)	✓			
Fever with maculopapular rash, cough conjunctivitis, coryza	✓	Complete IPC RA for VRI & GI symptoms		
AIRBORNE AND CONTACT				
Fever with vesicular rash, sore throat, cough	✓		✓	✓
CONTACT AND DROPLET				
Acute respiratory tract infection (acute cough or change in chronic cough, pharyngitis, fever, myalgia, arthralgia)	N95 during AGMP*	✓	✓	✓
Diarrhea and vomiting NYD		✓	✓	✓
Toxic Shock Syndrome		✓	✓	✓
DROPLET				
Headache, fever, neck stiffness, photophobia, decreased LOC, petechial rash		✓		
CONTACT				
Diarrhea, acute, with possible infectious cause			✓	✓
Wound or cellulitis with uncontained drainage			✓	✓
Consult IPC manual for duration of precautions.				
Airborne	- Negative pressure single room and private bathroom (with anteroom where available) - Room door shut at all times - Fit tested N95 respirator for staff and physicians - Procedure mask for patient if they must leave their room for tests - After patient discharge, keep room vacant for minimum 45 minutes			
Airborne and Contact	Same as above plus Staff and physicians wear gown and gloves in addition to N95 respirator			
Droplet	- Single room and private bathroom (keep at least 2 metres between patients if private room not available) - Room door may remain open - Procedure mask and eye protection for staff and physicians - Procedure mask for patient if they must leave their room for tests - Dedicate reusable equipment or clean before next use			
Contact and Droplet	Same as above plus - Gown and gloves for staff and physicians - Staff and physicians wear N95 respirator with eye protection when performing AGMP* on known or suspected Influenza A or B patients			
Contact	- Single room and private bathroom (keep at least 2 metres between patients if private room not available). Dedicate commode if unable to provide private bathroom. - Room door may remain open - Gown and gloves for staff and physicians - Gown and gloves for visitors when participating in care - Patient should wear clean housecoat, perform hand hygiene and have all drainage contained before leaving their room - Dedicate reusable equipment or clean before next use			
				
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